

Useful Services and contact details

Childline: 0800 11 11

Frank: www.talktofrank.com

Worcestershire Wellbeing Hub: 01905 766124

Worcestershire Rape and Sexual Abuse Support Centre: 01905 724514

Time 4U Outreach Nurses (for young people under 25 who can't access Sexual Health Services): 01905 681 744

Runaway Helpline: 0808 800 7070 Text 80234 (Free to text even if you have no credit)

Contact details

If you need to speak to a School Health Nurse, please contact us using the details below.

Worcester: **Henwick Halt Medical Centre**
01905 681909

Redditch:
Crabbs Cross Clinic
01527 488780

Bromsgrove:
Catshill Clinic
01527 488335

Wychavon
Droitwich Medical Centre
01905 681033

Evesham Hospital
01386 502576

Pershore Medical Centre
01386 502067

Wyre Forest
Kidderminster Health Centre
01562 514555/
514637

Malvern
Prospect View Medical Centre
01684 612784

Do you have a concern, complaint or comment?

If you wish to make a compliment, comment or complaint please contact: Patient Relations Team, Worcestershire Health and Care Trust, Isaac Maddox House, Shrub Hill Road, Worcester, WR4 9RW
Tel: 01905 681517 Email: Whcnhs.pals@nhs.net

Do you have a communication or information support need?

If so please contact the person who gave you this leaflet so that those needs can be recorded and responded to.



@WorcsHealthandCareNHS



@WorcsHealthCare



Worcestershire Health and Care
NHS Trust



Information for patients
Starting Well Public Health Nursing Service

School Health Nursing – High Schools

www.hacw.nhs.uk

Working together for **outstanding care**

This is a completely confidential service.

We will not discuss any information about you with anyone else, unless you ask us to do so. Except in very exceptional circumstances when you or another person's safety is at risk. In these exceptional circumstances you will be kept fully informed.

What can I speak about at Drop in?

Relationship Problems
Condoms
Emergency Contraception
Bullying
Chlamydia Testing
Self Harm
Depression
Sexual Health Advice
Contraception
Stress
Pregnancy Testing

The service we provide..

Community (Your neighbourhood): School Health Nurses lead in ensuring that you know what services are available to you within the community and that they are accessible to everyone.

Universal Service (Offered to every family): School Health Nurses lead and deliver the healthy child programme to ensure a healthy start for every child. This includes promoting positive physical and mental health, supporting parents and assessing the health and development of children and young people.

Universal Plus (Further support for families): School Health Nurses are able to support parents, children, young people and families when they need extra help. Some examples include support with specific parenting issues, enuresis, emotional difficulties and bullying.



Universal Partnership Plus (Families who need additional support): School Health Nurses are able to provide on-going support, with extra assistance from a range of local services working together with the family to deal with more complex issues over a period of time. Some examples include special educational needs, drug and alcohol misuse, child and adolescent mental health services, looked after children and young carers. School Health Nurses work with other agencies together to protect and ensure children are safe.




IF YOU'RE 11-19 YEARS OLD TEXT YOUR SCHOOL NURSE

07501 331750

Text us for confidential advice & support



Need to talk?
We're  online until 10pm

Free safe and anonymous online support for young people.
kooth.com



- Promote positive wellbeing
- Reach children and young people in their communities
- Reduce the stigma of mental health

Emotional Wellbeing Service for Children and Young People aged 5-19 in Worcestershire

www.hacw.nhs.uk/reach4wellbeing