

How to revise for H&S

Key Information

Exam duration: 2 hours

Dates:

H&S MOCK Exam 6th Feb 2024 (PM Exam)

REAL H&S Exam -7th May 2024 (AM Exam)

Past Papers

Past papers are the most effective way to revise for Health and Social Care. Past papers are ones that have been used in exams in previous sittings.

There are two things that past papers will help you do:

1. Complete past papers and use the correct mark schemes to help you mark your answers.
2. Also allow you to amend your answers in purple pen. This will help you learn from your mistakes and rewrite your answer in better detail.

Top Tip

Be mindful of the time you are taking on each question, remember you have 2 hours to complete the whole paper!



Intervention sessions

Intervention takes place on Monday after school 3pm – 4pm.

This is based in IT2/3.

These sessions will include focusing on topics within the exam and focusing on how to answer specific questions within the paper.



Useful revision Video's

Revision videos



Barriers and Obstacles



Physiological indicators and lifestyle choices



Factors and life events



Person-Centred approach



Recommendations and support for improving wellbeing



These QR codes are the links to some online revision videos on YouTube by Tutor2U



It is well worth following Tutor2U on Instagram as well. They have been posting two revision questions a day since the end of November so well worth looking back through their posts!