



Sport

Course Title

BTEC Level 3 National
Extended Certificate in Sport

Awarding Body

Pearson

Course Level

Level 3 - 2 year

Course Description

The course is an Applied General qualification for post-16 learners who want to continue their education through applied learning and who aim to progress to higher education and ultimately to employment in the sport sector. This course will develop various skills which are required when working in the sports sector such as communication, problem solving, self-management, adaptability and resilience

Course Content

Course Content (Year 1)

- Unit 1 - Anatomy and Physiology (Exam)
- Unit 3 - Professional Development in the Sports Industry (Coursework)

Course Content (Year 2)

- Unit 2 - Fitness Training and Programming for Health, Sport and Well-being (Exam)
- Unit 4 - Sports Leadership (Coursework)

Assessment

- 66% Examination
- 33% Coursework Evidence

Progression Routes

All units studied are applied to sport and sports industries. As a result of this, completion of this course may lead to further and higher education and on to careers such as sports coaching, PE teaching, physiotherapy and sports administration.

Entry Requirements

Level 6 in English Language.

If a Level 2 qualification in Sport was obtained, Distinction Grade or above is desirable. Although, prior study of the subject at BTEC/GCSE is not necessary but would be advantageous.